

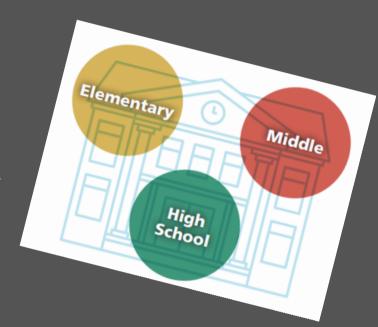
# FERGUSON-FLORISSANT SCHOOL DISTRICT

## **School Counseling Department**

#### **School Counseling Program**

The School Counseling program is an integral piece of the overall educational process. School Counselors provide a comprehensive program that supports students' academic, personal, social/emotional and career development. Growth and learning are developmental; therefore, guidance must be developmental and sequential. The need for guidance begins with pre-school entrance and continues throughout life.

The Comprehensive School Counseling Program is a K-12 developmental program that is concerned with all students while recognizing the fact that individuals have needs that will continue to require special attention. As a result, the comprehensive guidance program is for all students and becomes developmental rather than crisis-oriented.



#### **What do Elementary Counselor Do?**

Elementary School Counselors assist students in learning the skills and attitudes necessary to be successful learners. They help students learn that the classroom is their first workplace and that communication, decision-making, interpersonal and career awareness skills are important to their success.



### **Robinwood School Counselor**

Linda M. Murphy MEd, NBCC, LPC

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Managing social emotional health for school aged children can be difficult, but developing knowledge and life skills can help students acquire the abilities to navigate and enjoy this time of growth. Looking at situations through a different lens and perspective can build empathy, awareness and understanding. This can be life-changing and liberating by building a sense of control over one's emotions. Having over twenty nine years of experience working with children in various capacities, my passion is providing the support needed to ensure a smooth journey through these early school years.

Click on <u>LINK</u> to view Annual School Counseling Plan

## **Small Groups**

\*Self-Advocacy, a key to success

\*How to build and nurture friendships

\*Getting Prepped for 6th grade

If you are interested in one of these groups for your child, please contact Ms. Murphy



## Outside Agencies

CHADS Coalition for Mental Health https://www.chadscoalition.org

Behavioral Health Response (BHR) https://bhrstl.org

National Alliance for Mental Illness https://www.nami.org

#### Resources:

Who are School Counselors

ASCA - The Role of The School Counselor

ASCA - The Essential Role of Elementary School Counselors

DESE Comprehensive School Counseling Program